KingCounty Best Starts for KIDS







# **2017**





Building strength and resilience in King County kids, families and communities.

#### Dear King County Councilmembers,

This first Best Starts for Kids annual report comes to you amidst much momentum. The report focuses on our internal growth to establish the infrastructure necessary to realize impact. Best Starts is making excellent progress towards meeting Best Starts for Kids Implementation Plan goals, with more than half of total annual funding awarded in the community to date. Best Starts submitted the Youth and Family Homelessness Prevention Initiative Outcomes Report to you in May 2017. The Best Starts for Kids Evaluation and Performance Measurement Plan and the Innovation Fund proposal were both submitted in June 2017. We are building a strong King County Best Starts staff team and scaling our external efforts to match our internal capacity. To date, Best Starts for Kids has awarded money in the following investment areas:

- » \$1,694,450 for three new School Based Health Centers
- » \$1,849,294 to 18 community partners working towards Healthy and Safe Environments
- » \$559,944 for Screening, Brief Intervention, and Referral to Treatment and Services (SBIRT)
- » \$933,819 for Trauma-Informed and Restorative Practices in the School Environment (finalized award letters)
- » \$2,103,067 for the Pipeline to Success Program (formerly the Stopping the School to Prison Pipeline Program)
- » \$3,000,000 to expand Parent-Child Home Program in partnership with United Way of King County
- » \$6,313,000 to bring Public Health—Seattle & King County Maternal/Child Health Services back up to 2014 service levels
- » \$1,295,000 for 12 organizations delivering Early Intervention Services
- » \$4,050,000 for Youth and Family Homelessness Prevention as detailed in the Youth and Family Homelessness Prevention Initiative 2017 Outcomes Report
- » \$2,722,500 to Communities of Opportunity place-based partnerships.

Best Starts staff are working hard to put more money out into the community and improving methods as we move forward. In the last year, we learned that doing things differently requires growth that is sometimes uncomfortable. Mutual learning requires transparency and trust. I am grateful to the community members and partners who believe in Best Starts for Kids and share their requests, concerns and appreciation with us. We are pursuing mutual learning not only with King County community members, but also with our King County colleagues. Changing existing systems and processes is not easy. We are slowly accomplishing just that as we pursue a shared Best Starts vision together. I am grateful to department directors Adrienne Quinn and Patty Hayes, along with our Children & Youth Advisory Board (CYAB) chairs, for their collaborative leadership.

Best Starts for Kids is an initiative to improve the health and well-being of King County children, youth, families and communities. The CYAB Equity Statement places equity at the heart of well-being: "equity is an ardent journey toward well-being as defined by the affected." While our primary focus this past year has been inward to establish a strong foundation for distributing funding, we have been equity-driven, continuously evaluating and changing county practices to better support communities.

Thank you for your partnership in this journey together.

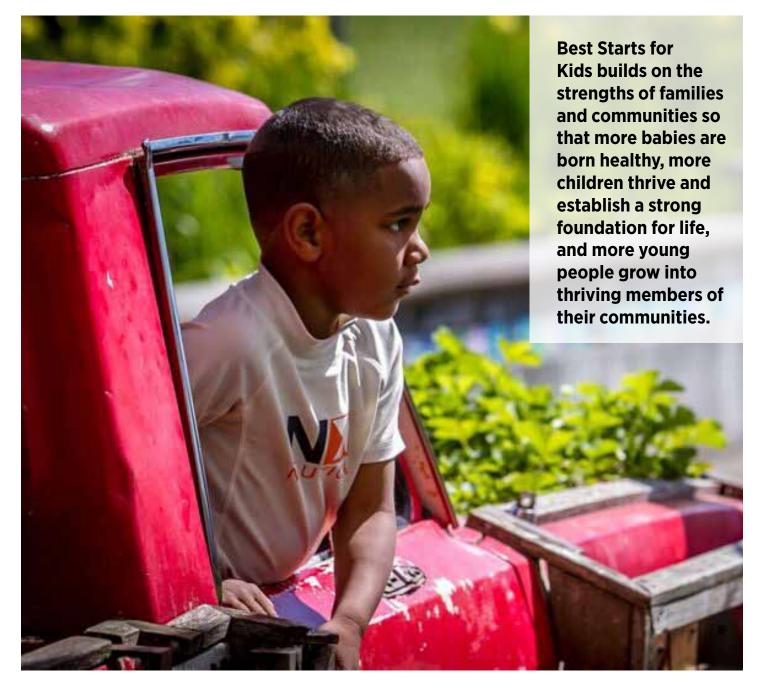
Sincerely,

Sheila Capestany Strategic Advisor for Children and Youth

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## **OVERVIEW**



This first Best Starts for Kids annual report outlines the progress made to improve the health and well-being of all King County residents by investing in promotion, prevention and early intervention for children, youth, families and communities.

King County staff are pursuing new models for partnering with communities to address community-prioritized needs and realize regional equity. This has already translated into positive impact as communities begin to experience county actions that reflect their feedback and voice. This report details key milestones and successes in Best Starts for Kids' first year of implementation, between September 2016 and August 2017, including information on all investments made to date and our learnings as Best Starts has begun implementation in a relational, equitable and transparent way.

## HISTORY

The vision that became Best Starts for Kids began in 2014 under the leadership of Executive Constantine. King County staff began examining how the County could improve outcomes and support individuals and communities to achieve their full potential by balancing the County's investment portfolio with more preventive approaches.

Best Starts was informed by the King County Strategic Plan, the Equity and Social Justice Ordinance, the Health and Human Services Transformation Plan, and the Youth Action Plan. The Best Starts for Kids Levy (Ordinance 18088) was approved by King County voters in November 2015. Over the next several months, more than 1,000 community members provided input at community conversations, focus groups and interviews across King County. An additional 1,000 youth surveyed for the Youth

## PHILOSOPHY

Action Plan provided feedback. Collectively, this community engagement shaped Best Starts for Kids' guiding values, investment focus and approach to change.

The King County Council approved the Best Starts for Kids Implementation Plan (Ordinance 18373) and budgets (2016 budget: Ordinance 18378; 2017-18 budget: Ordinance 18409) in the fall of 2016. Implementation of Best Starts for Kid costs the average King County property owner about \$1 per week. Best Starts is the most comprehensive approach to child development in the nation. Best Starts will invest an average of \$65 million per year to support King County families and children, from the time that parents plan for a family, and throughout childhood and young adulthood.

Best Starts focuses on increasing the positive resources and opportunities that help kids grow up healthy and happy, decreasing negative factors that may prevent kids from establishing a strong foundation in life, and intervening early when kids and families need more support.

#### PROMOTION

We increase the positive things available to babies, children, young people and their families. These include resources for parents and children, positive opportunities and safe places to play, learn and grow.

### EARLY INTERVENTION

We intervene early to support children and young people who need additional resources to succeed.

#### PREVENTION

We decrease things that may prevent babies, children and young people from growing up to be healthy and happy. These include stress, an unsafe environment or having insufficient opportunities.

#### POLICY & SYSTEMS CHANGE

We work to change systems and policies so that all communities in our region can thrive and prosper regardless of race or place.

## **BEST STARTS FOR KIDS RESULTS**

Our vision for all King County's children, youth and young adults is that:

- » Babies are born healthy and provided a strong foundation for lifelong health and wellbeing.
- » King County is a place where everyone has equitable opportunities to be safe and healthy as they progress through childhood, building academic and life skills to be thriving members of their communities.
- » Communities offer safe, welcoming and healthy environments that help improve outcomes for all of King County's children and families, regardless of where they live.

## STRATEGIES

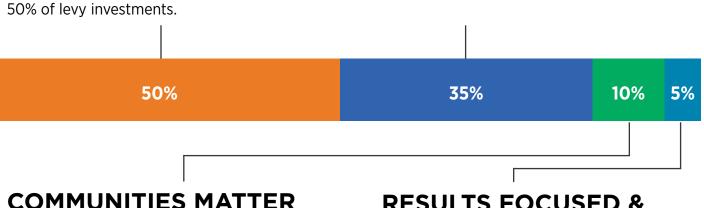
### **INVEST EARLY**

Support pregnant individuals, babies, very young children, and their parents during critical developmental years with a robust system of support services and resources that meets families where they are—home, community, and child care.

## SUSTAIN THE GAIN

Continue progress made with school- and community-based opportunities to learn, grow and develop through childhood, adolescence and into adulthood.

35% of levy investments.



## COMMUNITIES MATTER

Support communities to build safe, thriving places for children to grow up.

10% of levy investments.

## RESULTS FOCUSED & DATA DRIVEN

Use data and evaluation to know what is working for kids and communities.

5% of levy investments.

## **BEST STARTS FOR KIDS VALUES**

- » **Relational:** We work alongside communities to find out what is going well and opportunities to improve. We focus on building strong, trusting relationships with our partners.
- » **Transparent:** We clearly and consistently communicate about Best Starts' structure, decisions and path forward, which grows trust and opportunities.
- Equitable: We recognize historic and structural inequities and seek to contribute to systemic and structural solutions that are desired by communities most impacted by disparities.
   We continuously inquire and examine the equity impact of standard county practices on communities.



**Best Starts for Kids is a glimmer of hope** for the most vulnerable communities, including the refugee community."

*- Hamdi Abdulle Executive Director* Somali Youth and Family Club

## PARTNERING WITH COMMUNITIES

Best Starts for Kids is forging new ways of partnering to support the well-being of children, families and communities. Best Starts relies on guidance from stakeholders across the region to provide perspective as the County moves more fully into developing partnerships and investing in programs and services to achieve Best Starts' results.

### CHILDREN AND YOUTH ADVISORY BOARD

The members of the King County Children and Youth Advisory Board (CYAB) come from throughout King County. The CYAB has the experience, knowledge and information to inform policies, investments and outcomes related to children, families, youth and young adults. CYAB members bring geographically and culturally diverse perspectives in making recommendations and monitoring distribution of levy proceeds. The Executive and Council appointed and confirmed the CYAB's 35 experts, researchers and community leaders in January 2016. CYAB members reviewed and approved the Best Starts implementation plan and the Best Starts evaluation plan.

To ensure that Best Starts maintains equity at the forefront of all work, the Children Youth and Advisory Board crafted the CYAB Equity Statement as a guide for Best Starts in pursuing regional equity.

Best Starts for Kids is **committed to reflecting the values, perspectives and priorities of communities** in King County.

The CYAB and COO Governance group bring expertise, lived experiences, and geographically and culturally diverse perspectives to Best Starts' investments.

### CYAB EQUITY STATEMENT

- » **Equity** is an ardent journey toward wellbeing as defined by the affected.
- » Equity demands sacrifice and redistribution of power and resources in order to break systems of oppression, heal continuing wounds and realize justice.
- » To achieve equity and social justice, we must first root out deeply entrenched systems of racism.
- » Equity proactively builds strong foundations of agency, is vigilant for unintended consequences and boldly aspires to be restorative.
- » **Equity** is disruptive and uncomfortable and not voluntary.

### COMMUNITIES OF OPPORTUNITY GOVERNANCE GROUP

In July 2017, the Executive and Council appointed and confirmed 12 members to the Communities of Opportunity (COO) Governance Group, which acts as the advisory board for COO Best Starts' levy proceeds. The members bring expertise in community engagement, health, housing and economic development, and include representation from the King County Executive and Council, Seattle Foundation, and geographic place-based partnerships. COO Governance Group members represent multiple and diverse communities and help connect COO work with the needs of residents throughout King County.

### COMMUNITY ENGAGEMENT

Community engagement is fundamental to Best Starts for Kids and was prioritized early on. As part of Best Starts' ongoing commitment to community dialogue and transparency, Best Starts held a series of outreach events across the county in Spring 2017. Over 500 community members participated in 38 events. Best Starts engaged in conversations regarding 2017 funding opportunities, innovative evaluation approaches and Best Starts partnerships.

In March 2017, 85 people from 40 organizations involved in Communities of Opportunity convened in White Center to identify collaborative opportunities across each strategy area—community connection, economic opportunity, health and housing. Attendees identified themes such as investing in capacity building, preventing displacement in communities and working on regional solutions. These themes will inform Communities of Opportunity systems and policy change investments.

## **RFP REVIEW PANELS**

Best Starts for Kids is committed to seeking engagement from a broad and diverse range of perspectives to review proposals for Best Starts funding. Review panels include outside subject matter experts, community members, representatives from the CYAB and King County employees. Best Starts' goal is to build engagement and trust with individuals who have knowledge and interest in Best Starts' strategies, including parents, teachers and young people.

Councilmembers are invited to participate as non-voting members on review panels. Anti-bias training, facilitated by the Nonprofit Assistance Center, provides panelists with opportunities to examine their implicit biases, which may influence their perspectives and judgments when reading proposals. Trainings are tailored to specific Request for Proposals (RFPs) and educate panelists on criteria scoring. Best Starts believes these efforts to eliminate unconscious bias prior to proposal review will help level the playing field for smaller organizations or organizations lacking a robust proposal writing infrastructure.

**G** Under Best Starts, King County is working very hard to change the contracting relationship to one where there is **a definite partnership.** I want to tell you that this work is showing."

> -Kathleen Barry Johnson Executive Director Vashon Youth and Family Services

## CONTRACTS

Best Starts for Kids is a collaborative effort of the Department of Community and Human Services and Public Health—Seattle & King County. The two departments are aligning and streamlining systems to reflect Best Starts' values and community feedback. Contracting is a critical system for Best Starts implementation and staff are assessing each step of the contracting process through an equity lens and developing a contracting tool kit to standardize contract negotiations across the two departments. The goal is to shift the contracting process with community-based organizations away from a process focused on paperwork, to a process focused on people. This relationship-based process is the cornerstone for building partnerships with the contractors who are implementing this important work in our community and will allow for greater impact for our children, youth and families.

## RESOURCES TO FURTHER HIGH QUALITY PROGRAMS & SERVICES

King County is collaborating with and pursuing innovations to support community partners and achieve Best Starts' results.

## **BEST STARTS HEALTH SURVEY**

The Best Starts for Kids Health Survey is the first ever survey about the well-being, strengths and needs of young children and their families in King County. Between September 2016 and January 2017, almost 6,000 families participated in the survey. Thanks to these families, we now have baseline data to assess existing strengths and needs, plan interventions and evaluate impact in communities. These data directly inform our RFP strategies.

The groundbreaking new methods used in the Best Starts for Kids Health Survey lead the nation in ensuring our data reflects the strengths and needs of all King County kids and families. A nation-wide panel of epidemiologists selected the Best Starts for Kids Health Survey for the Robert Wood Johnson Foundation National Award for Outstanding Epidemiology Practice in Addressing Racial and Ethnic Disparities. Judges selected the Best Starts data team's work from over 900 applications are not included in other studies, like those who speak a language other than English. Methods included offering the survey in six languages, partnering with community-based organizations to do outreach, and using bilingual, bicultural phone interviewers in addition to paper and online surveys.

These methods are working. Survey participation more closely mirrors the demographics of King County than other surveys. For example, 53 percent of all children 11 years old or younger in the King County are children of color, and children of color represent 55 percent of Best Starts Health Survey participants.

The Best Starts data team is currently analyzing the data and inviting communities to participate in data interpretation. Best Starts will administer the Health Survey every two years (2018-19 and 2020-21) to ensure we have data to compare over time.

based on its impact on efforts to eliminate health disparities, potential for creating long-term change and overall contribution to public health knowledge.

The Best Starts for Kids Health Survey prioritized unique methods to reach community members who often I really appreciate participating in these surveys—it really puts things in perspective for me as a new parent... I hope the results of this survey and others like it will teach your organization about local families and their needs."

-Best Starts Health Survey participant

## INNOVATION FUND

Real transformation of health and human services in our county—especially with regard to equity and social justice—requires innovation. The strategies outlined in the Best Starts for Kids Implementation Plan are critical to supporting positive parent and child outcomes, and Best Starts acknowledges that:

- » Evidence-based and evidence-informed models do not work for all communities.
- » Communities must take the lead or must have a role in identifying resources to build, improve and sustain solutions.

King County is committed to maximizing investment opportunities that are flexible and responsive to community needs. The Innovation Fund is a response to communities wanting support for new practices they have found to meet their unique needs, outside the boundaries of existing evidence-based programs. The Innovation Fund is informed by a scientific approach and input from communities, the Children and Youth Advisory Board Prenatal-to-Eight Committee and programmatic staff from the Department of Community and Human Services and Public Health—Seattle & King County.

The Innovation Fund is a pre-natal to 5 strategy which seeks to:

- » Strengthen and/or amplify a program, strategy or system change that is new, developing or engaging in substantive adaptation that provides a solution identified by the community and/or those experiencing the problem.
- » Build knowledge about what works, for whom and why through documentation and evaluation of strategies or programs in order to increase effectiveness and explore replicability.
- Improve equity by ensuring that programs meet the needs of marginalized communities, including communities of color, refugee and immigrant communities, LGBTQ communities and those with special needs.

» Address emergent challenges or capitalize on emergent opportunities as the County advances the Best Starts for Kids Implementation Plan.

Upon approval of the Innovation Fund by the King County Council, Best Starts will begin additional planning for the RFP. King County Council staff will be invited to participate in the planning work group.

## TECHNICAL ASSISTANCE & CAPACITY BUILDING

### 89 organizations received technical assistance

to apply for the Youth Development RFP.

Small, community-based organizations can face a variety of challenges when applying for public funding. In order to serve the most historically-underfunded communities, Best Starts for Kids is contracting with consultants or organizations to provide technical assistance to community-based organizations needing support in applying for Best Starts funds.

Three contractors provided technical assistance to 89 organizations applying for the Youth Development RFP. In August 2017, Best Starts closed a Request for Qualifications to secure additonal technical assistance for all future 2017-18 Best Starts for Kids funding opportunities. Upon reviewing the 21 submitted applications, Best Starts expects to onboard the new contractors in September.

Technical assistance contractors will support interested organizations in describing their organizational strengths, related services, organizational structure, the role they play in the community, success stories and other items needed to submit a competitive proposal for Best Starts for Kids funding. The Best Starts data team is also supporting organizations' data needs during the application process, contract execution and implementation. In addition, a work group launched in August to create an ongoing capacity building strategy for community partners. CYAB and councilmembers will be invited to join this workgroup. Capacity building ranges from building infrastructure within an organization to developing leadership and advocacy skills, and will focus on strengthening community-based organizations across King County.

### BEST STARTS KING COUNTY TEAM



The Best Starts for Kids data team show their award from the Robert Wood Johnson Foundation.

In total, there are 53.45 FTE hired across both the Department of Community and Human Services and Public Health—Seattle & King County that are supported by Best Starts funding. Twelve more open positions are being recruited to support program strategy areas. Communities of Opportunity hired its Executive Director in December 2016 and brought on two support program managers and an administrative specialist to establish the infrastructure necessary for implementing and distributing the Best Starts' funding connected to Communities of Opportunity.

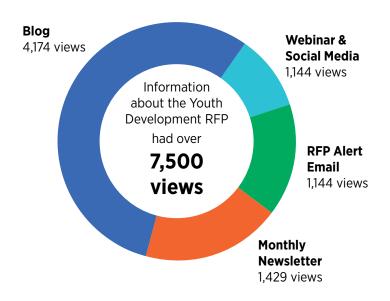
## COMMUNICATIONS

The Best Starts' communications priority has been to ensure all communities have information on how to access Best Starts funding. In partnership with program strategy leads, Best Starts communications staff tailored an outreach plan for each RFP so that all eligible and interested parties receive timely and accessible RFP announcements. The consistent and transparent communication methods are earning community trust.

Best Starts for Kids communication uses creative methods to reach people across King County. The Best Starts blog and newsletter together have over 3,300 engaged subscribers. Best Starts has hosted four webinars since May, three of which were bidders' conferences. The most recent webinar, a Youth Development RFP bidders' conference, had 106 participants with representation from most areas of the county.

## How did community partners learn about the Youth Development RFP?

RFP Views on Best Starts Communication Channels



The flow of the conversation shouldn't be one way, but two ways and that's what's happening. We appreciate the BSK leaders listening and responding to the community's needs.

-Hamdi Abdulle Executive Director Somali Youth and Family Club

## STRATEGY AREAS

Best Starts for Kids is intentionally weighing needs across the county and mapping our investments so that our funding matches the geographical areas of need and addresses disparities.

## **INVESTING EARLY**

#### Prenatal to 5 Strategies

These strategies focus on prenatal through age 5 programs and support for pregnant individuals, babies, young children and parents or caregivers. Research shows that investing early to support children's health, learning and social-emotional well-being has profound impact on life outcomes.

## HELP ME GROW & SYSTEMS DEVELOPMENT

Building a system to get families the information they need and coordinate all available services within King County.

- » Childcare Health Consultations
- » Infant Mental Health
- » Developmental Screenings
- » Workforce Development

## **INNOVATION FUND**

The Innovation Fund is a response to communities wanting support for new practices they have found to meet their unique needs, outside the boundaries of existing evidence-based programs.

### **PROGRAMS\***

Home Based Services\*

- Home Visiting (i.e. expanding Nurse-Family Partnership)
- » Evidence-based and evidence-informed models
  - Parent-Child Home Program\*
- » Emerging culturally relevant practices

Community-Based Programs and Innovative Approaches, including information on healthy child development for families

Community-Based Parenting and Peer-Based Supports

Early Intervention Services\*

**Development Screenings** 

Childcare Health Consultation

Investment in Public Health\*

» Ensuring that parents and children across the county continue to access necessary public health services provided by Public Health—Seattle & King County's Maternal/Child Health Services

\* Notes awards made to date.

## **SUSTAINING THE GAIN**

#### 5 to 24 Strategies

These strategies focus on supporting positive development for children and young people as they progress to adulthood. Best Starts embraces a strengths-based approach, recognizing that we must sustain the gain that is made by investing early while also responding to the realities of adversity and trauma across communities. Our focus is on promoting and building resilience and protective factors, and preventing or intervening early to assure that King County youth have the supports they need to thrive.

## PARTNERSHIPS WITH SCHOOLS\*

Trauma-Informed and Restorative Practices in the School Environment\*

School Based Health Centers\*

Screening Brief Intervention and Referral to Treatment and Services<sup>\*</sup>

Out of School Time

### **PIPELINE TO SUCCESS\***

Eliminating the 'school to prison pipeline' and building a 'school to life success pipeline'\*

## PARENT AND COMMUNITY CONNECTIONS\*

Healthy and Safe Environments\* Parent Support and Family Engagement

## YOUTH DEVELOPMENT

Mentoring

Healthy and Safe Relationships

Positive Identity Development

Youth Leadership and Engagement Opportunities

\* Notes awards made to date.

## **COMMUNITIES MATTER**

Communities of Opportunity (COO)

COO strategies were developed in partnership with community leaders and organizations and focus on quality affordable housing, health, community voice and connection, and economic prosperity. COO's place-based focus recognizes that certain communities experience greater disproportionality than others. Implementation is designed to be responsive to emerging needs, adapting to community-centered innovations and leverage other investments.

### COMMUNITY PARTNERSHIPS\*

Place-based and Cultural Communities\*

\* Notes awards made since September 2016.

## INSTITUTIONAL, SYSTEMS AND POLICY CHANGE

### **LEARNING COMMUNITY:**

Strategic Investments, Forums and Technical Assistance

Best Starts for Kids' strategic areas remain the same as presented in the implementation plan, however, leadership re-organized investment areas in order to facilitate the most efficient and coordinated path forward to realizing regional equity.

While important work has progressed across all strategy areas, the remainder of the report will focus on those strategic areas in Prenatal to 5 and 5 to 24 strategy areas that have distributed awards into the community or advertised available funding.

## **INVESTING EARLY** WHAT BEST STARTS IS DOING

**PRENATAL - 5 STRATEGIES** 

#### INCREASE PROMOTIVE & PROTECTIVE FACTORS

- » Parental resilience
- » Social connections
- » Knowledge of parenting & child development
- » Concrete support in times of need
- » Social & emotional competence of children

#### HEALTHY DEVELOPMENT & WELL-BEING FOR CHILDREN & FAMILIES

 » Optimal child development
 » Strong, thriving families
 » Reduced likelihood of child abuse & neglect
 » Supportive community and social networks

#### REDUCE RISK FACTORS

- » Psychological stressors
- » Unhealthy birth outcomes
- » Social isolation
- » Multigenerational adverse childhood experiences
- » Unsafe, unstable, inequitable environments

## HOME-BASED SERVICES: A PORTFOLIO APPROACH

Best Starts for Kids is investing in Home-Based Services (HBS), a type of family support. Focused on expectant parents and parents with children birth to age 5, HBS' trained professionals provide services and supports for parents and their children where they live. HBS will create "a continuum of homevisiting services across age groups, geography, diversity of communities, and levels of intensity, so that we can meet the range of needs in the county," as stated in the Best Starts implementation plan. HBS is investing in a portfolio of home-visiting services that include many different models designed to improve outcomes for families of children prenatal to five. Best Starts will invest in programs along the "continuum of evidence," including some that have substantial research behind them and others that are new or emerging.

### EVIDENCE-BASED & EVIDENCE-INFORMED PROGRAMS

#### Parent-Child Home Program (PCHP)

Best Starts for Kids is partnering with United Way of King County, the City of Seattle and local service providers to expand capacity in already-existing programs and invest in new programs to ensure that PCHP is available to many more children and families throughout King County. United Way of King County has been doing this work for the past 10 years and will continue to administer the funds in partnership with King County, following mandates outlined by the King County Council.

The Parent-Child Home Program supports parents of two and three year olds through educational play that helps caregivers develop their children's cognitive and social-emotional skills. Through modeling behaviors, culturally matched home visitors support parents in learning how to stimulate their child's



ongoing learning in their own home. PCHP has a track record of success—especially in reaching communities of color and refugee and immigrant communities—here in King County.

Best Starts is building on this vital work with a multiyear investment of \$3 million annually. Contracts began in July to support expanding current programs to additional children and families. Work to develop new PCHP programs began over the summer. Information sessions were offered in July throughout Seattle, Shoreline and Renton for those interested in starting new PCHP programs. The RFP for expansion to new communities and programs was released through United Way in close partnership with King County in mid-August.

#### Building the Evidence-Based and Evidence-Informed Portfolio

Best Starts will invest in a number of other evidence-based and evidence-informed homevisiting programs to ensure that services best meet the needs of families in many different communities. Best Starts will open a RFP in late September to invest \$2,437,500, with 50 percent supporting evidence-based programs and 50 percent supporting evidence-informed programs. Examples of eligible models will include Parents as Teachers, Child-Parent Psychotherapy, Outreach Doula, and others.

### EMERGING CULTURALLY RELEVANT PRACTICES

As part of the portfolio approach to meet a range of communities, Best Starts for Kids will support the development and implementation of new or emerging community-based models. Best Starts will work with communities to identify these models and conduct a RFP process for an additional \$2,427,500 to support the development and expansion of emerging programs in January 2018.



## **EARLY INTERVENTION SERVICES**

One of the first Best Starts for Kids funded strategies, Early Intervention Services provides services to children birth to age three with developmental delays or disabilities. Eligible infants, toddlers and their families are entitled to individualized, quality early intervention services in accordance with the federal "Individuals with Disabilities Education Act."

Early Intervention Services are designed to enable young children to be active, independent and successful participants in a variety of settings—in their homes, in childcare, in preschool programs and in their communities. King County staff intentionally sought provider input, and Best Starts funding distribution reflects the recommended ratio between direct service per child and systems building to increase capacity.

Recipients in 2016-2017:	12
Awarded through 7/14/17:	\$1,295,000
Children receiving services:	3,766

## **DEVELOPMENTAL SCREENINGS**

Developmental screenings enable home visitors, childcare providers, health care providers and other community supports to monitor and celebrate developmental milestones in collaboration with families. Best Starts for Kids supports developmental screenings that help professionals connect families to early promotion, prevention and intervention supports and services when the child's developing brain is most capable of change.

When screenings indicate developmental or social-emotional concerns, appropriate high quality early intervention programs can reduce the likelihood that children will experience prolonged or permanent health, behavioral and learning delays. We know that developmental screenings occur in different settings throughout the county, but we lack a comprehensive, accurate overview of where and when they occur.

In order to better understand the barriers and opportunities for developmental screenings and how best to focus initial investments, we released a Landscape Analysis and Strategic Planning RFP in early September. The information gathered will not only reveal critical successes, gaps and disparities, but will also provide baseline data to inform our evaluation when implementing screenings that will reach all young children.



## **MATERNAL/CHILD HEALTH SERVICES**

In 2014, the Public Health—Seattle & King County funding shortfall reached a critical point, threatening the loss of Maternal/Child Health Services. Best Starts' investments brought service levels back up to 2014 levels, ensuring that the programs Public Health— Seattle & King County provides to women, children and families continue to be available to the community throughout the life of the levy. Best Starts funding means that parents and children across the county continue to access necessary public health services.

Data show that these investments in public health services contributed over \$19 million to the local economy, prevented over 1,380 unintended pregnancies, and saved the health care system over \$9 million. Additional data on these programs can be found in Appendix B.

### FUNDING TO SUSTAIN CURRENT AND ON-GOING SERVICE LEVELS

#### **Maternity Support Services\***

Supplementing prenatal care, with services from a team of interdisciplinary staff, starting early in pregnancy and continuing seamlessly for eligible infants.

## Women, Infants and Children (WIC) supplemental nutrition program\*

Providing access to affordable, healthy food for low-income pregnant women and children up to the age of five, with nutrition education and breastfeeding support.

#### Family Planning clinical services\*

Providing access to affordable sexual and reproductive health services to clients who may have no other access to family planning care, with Nurse Practitioners providing all forms of contraception and counseling, sexually transmitted infection care, along with breast and cervical cancer screening. Early Intervention Program, Children with Special Health Care Needs and Public Health Nursing at Community Health Service Offices.\*

### BEST STARTS' FUNDING FOR DIRECT SERVICES

#### Family Planning Health Educators\*

Offering sexual health education in local high schools, training for local teachers to provide comprehensive sexual health education in classrooms, and linking community members and organizations with reproductive health care and information.

#### Kids Plus\*

Improving health care and housing for children and their families experiencing homelessness.

#### Nurse Family Partnership\*

Serving first-time, low-income mothers, with Public Health nurse visits twice a month, from pregnancy through the first two years of the child's life.

## **CLIENTS SERVED 2016-17**

	Reporting	Clients
Program	period	served
Maternity Support	2016:	22,395
Services/Infant Case Management	Q1 2017:	9,219
Women, Infants and Children supplemental nutrition program (WIC)	2016 Fiscal Year	50,823
Family Planning Clinical	2016	6,217
Services	Q1 2017	1,999
Family Planning Health	2016	2,958
Educators	Q1 2017	6,941
Kids Plus	July 1 2016-July 31, 2017	291
Nurse Family Partnership	2016	882
	Oct 2016- June 2017	46
Total Funding \$6,313,000		

\*Additional details on clients served can be found in Appendix B.

## HELP ME GROW AND SYSTEMS DEVELOPMENT

As part of Best Starts for Kids, King County will use the Help Me Grow National framework to build a coordinated system to get families the information they need and coordinate all available services within King County. Help Me Grow is an evidence-based, family-centered framework for coordinating promotion, prevention and early intervention efforts. Building a comprehensive system, adapted to King County needs, will take several years and involve many partners.

#### The Help Me Grow framework includes:

**Healthy Children** supported by a strong network of agencies and community organizations providing early childhood services to assure that children begin school healthy and ready to learn. Investments will also include an opportunity for integration of Vroom materials into each prenatal to five investment area, reaching thousands of community members and newly funded organizations. Vroom is an initiative that empowers parents to interact with their children in ways that will encourage brain development for birth to five year olds.

**Community Connections** placing families and children at the center of a well-coordinated system through a network of Navigators. Navigators will work one-on-one with children and families to help connect them with resources and services. A Navigator is a professional (e.g., community health worker, doula or community organizer) hired within a community-based organization who will work one-on-one with families and children to connect them to resources.

**Training and Support** for professionals building knowledge of infant mental health, reflective practices, early brain development (including Vroom) and key health messages to ensure that providers have information to support families and facilitating stronger twoway communication. **Strong Referral Network** assuring universal screenings for early identification of developmental delays and a strong connection to the health care system, through an interconnected referral network for all families.

Advocacy and Communication driving policy decisions that support access and support for services that impact the health and well-being of children during their most critical years of development.

Best Starts pays community partners for their time and expertise as we work towards a shared vision and plans for how best to invest Help Me Grow funding. Best Starts contracted with Within Reach and 211 for \$10,000 each at the end of August. Best Starts is also partnering with King County Information Technology and other community partners to determine how best to link resources through a web connection and call center to ensure that families can obtain appropriate, timely services. The goal for this initial contracting process is documenting the best way forward with likely additional work dependent on findings.

#### **Additional Funding Leveraged**

King County has also secured \$193,000 from the Bezos Foundation to:

- » Support the integration of Vroom into the King County Help Me Grow Framework.
- » Support the integration of Vroom into the Best Starts expansion of prenatal to five services into communities.
- » Support and target deeper engagement with Somali and Latinx communities.

## **SUSTAINING THE GAIN** WHAT BEST STARTS IS DOING

### **5 - 24 STRATEGIES**

#### INCREASE PROMOTIVE & PROTECTIVE FACTORS

- » Youth resilience
- » Social connections
- » Knowledge of adolescent development
- » Concrete support in times of need
- » Cognitive and socialemotional competence
- » Positive identity development
- » Physical health

## HEALTHY DEVELOPMENT & WELL-BEING FOR YOUTH

» Physically and emotionally healthy
 » Hopeful, optimistic, compassionate, curious, resilient, strong identity
 » Supportive community and social networks
 » Ability to form and sustain caring, committed relationships
 » Success in school and workplace
 » Service to community or society
 » Strong thriving families

#### REDUCE RISK FACTORS

- » Psychological stressors
- » Inadequate or negative relationships with family members, adults outside youth's family & peers
- Insufficient or inadequate opportunities for positive growth and development
- » Unsafe, unstable, inequitable environments

## PARENT AND COMMUNITY CONNECTIONS



Students show produce grown at Seattle Public Schools' Interagency Academy School Garden. With funding from Best Starts for Kids, UPower provides summer community gardening classes, physical activity classes, and safe afterschool activity spaces for students at Interagency Academy.

### HEALTHY AND SAFE ENVIRONMENTS

The Healthy and Safe Environments strategy supports community-based organizations and schools or school districts interested in ensuring that children, youth and young adults live, learn, work, play, and experience healthy and safe environments with access to healthy and affordable food, opportunities for physical activity, and can actively engage in environments that are safe and hazard free. In May 2017, Executive Constantine joined over 60 partners and other representatives from community-based organizations to announce the 18 recipients of Healthy and Safe Environments awards located across the county. These awards focus on supporting projects that will develop policies, create or improve systems, and change environments to create long-term results in the specified investment areas. Currently, Healthy and Safe Environments staff are meeting with the 18 awardees to review and update awardees' scopes of work and budgets and to provide technical assistance as needed.

Applicants:	54
Applicants awarded funding:	18
Total awarded:	\$1,849,294

## PARTNER SPOTLIGHT: SOMALI YOUTH AND FAMILY CLUB



Somali Youth and Family Club chose this image to reflect their work and community—demonstrating resilience and hope.

### PARTNERING FOR SAFE, HEALTHY HOMES

The Somali Youth and Family Club (SYFC) will train an intergenerational group of community leaders in south King County to gather information and advocate for policy change around safe and healthy housing. SYFC's Executive Director Hamdi Abdulle shared the need to change policies and systems to support healthier homes.

"We have seen homes that have mold. People were complaining about cockroach[es], bedbugs and some landlords spraying something white into the carpet... These families have children under the age of five," Abdulle explained. "This funding opportunity will be used to help our community have a voice, and advocate for their rights. Our end goal is to eliminate substandard housing, reduce toxic stress, and promote healthy home[s] through building partnerships among our communities, cities, landlords and all those who care about social justice and humanity," said Abdulle. "We are strengthening all collaborations using our social connections and our resilience as a major protective factor so that living in substandard housing is no longer an option for our families and children."

## **PARTNERSHIPS WITH SCHOOLS**

### SCHOOL BASED HEALTH CENTERS

The school based health strategy successfully executed its first bidding process in May 2017 and issued awards for three new school based health centers to open in September in Bellevue, Vashon Island and Renton. Together these three schools serve 3,360 students who will benefit from improved access to high quality, adolescent-centered, comprehensive physical and mental health care located in their school buildings. Three health care providers will partner with schools to deliver services: HealthPoint in Renton, International Community Health Services in Bellevue and NeighborCare Health on Vashon Island. \$645,000 in capital funds were also awarded to the three grantees to offset construction costs of the new clinics.

Public Health—Seattle & King County brings over 30 years of knowledge and experience in school based health to this model partnership between school districts and health care providers. Public Health's School Based Health Center program will provide ongoing technical assistance, clinical guidance, training and other support to the new centers.

Applicants:		5
Applicants awar	ded funding:	3
Total awarded:		\$1,694,450*
	(* award includes	one-time capital funds)



### TRAUMA-INFORMED AND SCREENING, BRIEF **RESTORATIVE PRACTICES** IN THE SCHOOL **ENVIRONMENT**

The Trauma-Informed and Restorative Practices strategy supports schools and school partners in creating safe, welcoming environments and strong, trusting relationships with adults to build students' capacity to overcome experiences of trauma or adversity. Trauma-informed schools support all children to feel safe physically, socially, emotionally and academically. By developing a shared understanding of core concepts about brain development, adversity and trauma, and resilience, these schools and their partners are better able to create consistent, predictable and secure environments for students. When behavior issues or conflicts arise, they take a restorative rather than punitive or exclusionary approach, and emphasize building students' skills in self-regulation, conflict resolution and relationship repair. By doing so, schools and their partners have an opportunity to promote lifelong health and well-being by increasing the positive, protective factors surrounding our children and youth.

Trauma-Informed and Restorative Practices in the School Environment strategy has developed a two-part implementation strategy, with an initial round of "mini grants" (under \$10,000 awards for one year implementation) awarded for activities September 2017-August 2018. In early 2018, Best Starts will release a RFP for larger, multiyear awards to support more in-depth work in this area. This RFP will be informed by lessons learned from the minigrant process. Awardees for both RFPs will include schools, school districts, communitybased organizations, parent groups and health care organizations.

#### 14 School districts served: 98\* Funded partners across all districts: Total awarded: \$933,819\*\* \*Includes a mix of schools & community-based organizations. \*\*Finalized award letters.

## INTERVENTION, **AND REFERRAL TO TREATMENT AND SERVICES**

From coping with stress and social pressure to the appearance of mental health needs, many middle schoolers benefit from mental health support as they find their way through adolescence. Screening, Brief Intervention, and Referral to Treatment and Services (SBIRT) is a model for school based supports aiming to prevent substance use, promote mental health and ensure that all youth in King County have an opportunity to have their behavioral health needs met through early interventions when needed. Best Starts for Kids will use the model through a license agreement with Reclaiming Futures, the model's developer, and Portland State University.

In May 2017, Requests for Invitations (RFI) were sent to superintendents in the 19 King County school districts inquiring about their interest for implementing SBIRT in their respective middle schools with 13 of the 19 school districts confirming their participation in June 2017. These initial awards support planning to implement SBIRT, with an invitation to apply for future funding in early 2018. In July, 56 schools were awarded funding and Best Starts is working with each school to identify appropriate technical assistance and program implementation.

Each middle school will receive \$9,999 to participate in training and technical assistance to create a SBIRT implementation plan. All schools that complete an implementation plan through this process will be invited to respond to a RFP for implementation of services in January/February 2018.

School districts served:	13
Funded middle schools:	56
Total awarded:	\$559,944

### **OUT OF SCHOOL TIME**

Best Starts for Kids and School's Out Washington (SOWA) are partnering to expand before- and after-school, weekend, and summer learning and enrichment opportunities, with a focus on improving the quality and quantity of programs offered throughout King County. The Best Starts and SOWA partnership brings together each organization's strengths to build a high quality Out of School Time system in King County. Working closely with Best Starts for Kids to follow expenditure restrictions, SOWA will bring their expertise in Out of School Time to engage community stakeholders across the county to improve programs. SOWA hired a director for Out of School Time to oversee the development of this strategy and hosted a series of community meetings to gain input on a proposed two-fold funding strategy. SOWA will also leverage a grant from Race to the Top to complete a landscape analysis of current Out of School Time programming in King County to inform the Out of School Time strategy. Preliminary analysis occurred at the end of August 2017. A second contract with SOWA for the implementation of the funding project began in early September 2017 to subcontract with community-based organizations to support Out of School Time programming.

## YOUTH DEVELOPMENT

Best Starts for Kids Youth Development strategies give young people the tools and opportunities they need so that they can weather challenging life experiences and grow into happy, healthy adults. A group of King County employees, community members, and a youth representative are shaping the youth development strategy. Best Starts will support mentoring, positive identity development, youth leadership and engagement opportunities, and healthy and safe relationships to prevent domestic violence. The strategy will fund a range of contracts up to \$200,000 per year for up to three years per program.

This funding opportunity is designed to elicit proposals from a range of organizations throughout the county to address a large range of issues effecting youth.

I am so impressed with the level of organizational support, emphasis on equity and access for this grant.

-Youth Development RFP applicant



The RFP closed on August 10, 2017. This is the first Best Starts RFP to offer technical assistance and demand was high. The three contracted consultants will report on the types of organizations utilizing technical assistance in addition to the type of assistance given and organizational application history, so that Best Starts staff can be responsive to future technical assistance demand. Best Starts expects to award funding in mid-September 2017.

## **PIPELINE TO SUCCESS**

This strategy supports efforts that reduce and eventually eliminate the 'school to prison pipeline' and build a 'school to life success pipeline' that helps youth and young adults heal, embrace their worth, engage positive opportunities, and be supported by their community.

The Pipeline to Success strategy intentionally shifts toward values, beliefs and strategies that support a positive vision of life success for youth and young adults. Efforts include intentional partnership with communities most impacted, leveraging resources, fostering alignment of regional efforts and using research and evaluation to inform and elevate effective efforts.

Best Starts for Kids supports many Pipeline to Success strategies as a direct funder; additionally, the Pipeline to Success program provides strategic direction and aligns efforts with related strategies funded through the Department of Community and Human Services. Current efforts include juvenile justice system case management and outreach, mentoring services for youth at risk of involvement or involved in the juvenile justice system, and services to prevent or intervene during juvenile justice involvement, including a pilot pre-filing diversion program or minors at the Westfield Southcenter Mall.

### JUVENILE JUSTICE SYSTEM CASE MANAGEMENT/ OUTREACH

These services are an integral part of an effort to address gang and gun violence that has steadily increased in local communities of color. Many of the efforts have created opportunities for youth and young adults to shed internalized racial inferiority stemming from institutionally racist community and media pressures, and seek economic and academic opportunities that were initially unidentified. Along with other King County funded outreach and case management providers, King County Best Starts Pipeline to Success Program helped these service providers create a regional team that meets on a monthly basis to share programmatic ideas, resources and support.

Youth engaged by outreach services:	99
Youth enrolled in case management:	25
Total awarded by Best Starts:	\$947,594

### **T3AMS PILOT PROJECT**

The T3AMS Pilot Project (formerly known as the Theft 3/Mall Safety Pilot Project) at Westfield Southcenter Mall is the first known program in the country to provide an alternative to filing charges against minors caught shoplifting, damaging property and/ or fighting at the mall. With the support of multiple key stakeholders, including Westfield Mall, Tukwila Police, King County Prosecuting Attorney's Office, King County Department of Public Defense, a select group of communitybased direct service providers developed the pilot model that launched in April 2017.

Youth involved in shoplifting, damaging property, or at-risk and simply in need of supportive services are referred to the program by the security, police working or outreach workers in the mall. Outreach workers at the mall connect youth to mentoring, career support and other services available from providers contracted with Best Starts for Kids Pipeline to Success Program. These services address underlying reasons impacting young people's self-destructive decision-making, and helps build their skills and self-confidence while preventing juvenile court involvement.

Youth referred to program:	18*
Youth enrolled in program:	15
Total awarded by Best Starts:	\$846,736

\*No referred youth have declined to participate. Case managers are doing outreach to those who have not accepted diversion.

## COMMUNITIES OF OPPORTUNITY

Children and families do best when the communities around them are thriving. But in King County, we have some of the greatest gaps in opportunity. When opportunity is out of reach for some, it affects all of us.

Communities of Opportunity (COO) was launched by King County and Seattle Foundation in 2014 with a goal of creating greater health, social, economic and racial equity in King County so that all people thrive and prosper regardless of race or place.

The Best Starts for Kids levy dedicates 10 percent of proceeds, approximately \$37 million over the life of the 6-year levy, for investments to create healthy, thriving communities, such as increasing access to healthy, affordable food and expanding economic opportunities and access to affordable housing. COO focuses on community leadership in specific geographic areas and changing polices and systems that can impact our entire region.

Place-based solutions and policy/system change solutions are most effective when community partners have key roles in leading, shaping and implementing change in their communities.



*3,500 residents participated in job fairs and other employment events supported by COO.* 

### MILESTONES

Communities of Opportunity is strengthening partnerships and aligning the work of more than 100 organizations. Since COO launched in 2014, investments of \$6.8 million in geographic communities and in coalitions continue to catapult community improvement. These awards include:

- » \$4,526,393 in Rainier Valley (HomeSight), Seatac/Tukwila (Global to Local) and White Center (White Center CDA) are supporting partnerships and aligning work for more than 70 organizations. Seattle Foundation and Best Starts investments have been a catalyst for COO funding partnerships to receive additional direct grants from The Kresge Foundation, Ballmer Group, Pacific Hospital PDA, and Northwest Areas Foundation.
- » \$2,326,000 from Seattle Foundation to 40 projects for Institutional, Policy and Systems improvements through partnerships led by organizations such as African American Reach and Teach Ministry, Duwamish River Clean-up Coalition, Got Green, Healthy King County Coalition, Latino Community Fund, LGBTQ Allyship, One America, Seattle Indian Health Board, Washington Community Action Network Education & Development Fund, and Yesler Community Collaborative.

COO helped organize 27 community-based, workforce development events where 3,500 residents participated in job fairs, apprenticeship events, and skills training, leading to new job training and employment opportunities. The approach brought together the WorkSource system, community partners, training providers and employers, a model that coordinates resources across the county and creates more equitable access to opportunities.

## **IN THEIR OWN WORDS**

Communities of Opportunity partners are breaking down some of the many barriers that low-income and immigrant communities face in accessing preventive health services such as difficulties with transportation, complexities of navigating the health system and customized health information in their own language.



We were stuck in our apartments. I wasn't sleeping well. Once I started coming to the group classes, life got more cheery and now I feel better – physically and emotionally."

-Senior participant in interactive discussions with Community Health Workers

Seniors in Kent attend an interactive discussion on healthy food with a Community Health Worker supported by Communities of Opportunity.

In Kent, seniors meet with a Community Health Worker, a few feet from the residents' apartments, for an interactive discussion on healthy food. This is just one example of the prevention sessions that several bilingual Community Health Workers are bringing directly to apartment complexes where people live. While the health workers are hired by Mercy Housing NW, Neighborcare or Global to Local, they are based at public and affordable housing properties across Seattle and south King County and supported, in part, by Communities of Opportunity. This innovative health and housing partnership is gathering data, expanding partnerships with cultural communities and gathering momentum to take this innovative model to scale.

## APPENDIX A: FUNDED PROGRAMS PRENATAL - 5 STRATEGIES

## EARLY INTERVENTION SERVICES

Awardee Name/Program	Funds distributed through 7/14/17
Birth to Three Developmental Center	\$99,105
Boyer Children's Clinic	\$162,595
ChildStrive	\$323,295
Children's Therapy Center	\$3,915
Encompass	\$94,850
Hearing, Speech and Deafness Center (Deaf and Hard of Hearing services only)	\$7,515
Kindering Center	\$367,800
Listen and Talk	\$33,675
Northwest Center Child Development Program	\$108,115
Seattle Children's Hospital – Family Conversations (Deaf and Hard of Hearing services only)	\$7,210
UW – Experimental Education Unit (EEU)	\$16,245
Wonderland Developmental Center	\$70,680
TOTAL	\$1,295,000

### INVESTMENTS IN PUBLIC HEALTH'S MATERNAL/ CHILD HEALTH SERVICES

Service	2017 Award Amount
Public Health Center Maternal/Child Health	\$4,772,000
Nurse Family Partnership return to 2014 Levels	\$520,000
Kids Plus	\$688,000
Health Educators return to 2014 levels	\$333,000
TOTAL	\$6,313,000*

\*This is the budgeted amount, not distributed amount to date. As of 8/16/17, 75% of these dollars have been distributed.

## **5 - 24 STRATEGIES**

### **HEALTHY & SAFE ENVIRONMENTS**

Awardee Name	Committed Award Amount	Project Description
Alliance for Gun Responsibility	\$50,000	The Alliance for Gun Responsibility will create a report showing the sources of guns used in crimes in King County and work with the communities most affected by firearm violence to make policies that best serve them.
APICAT	\$100,000	APICAT will create a youth-led counter-marketing campaign to reduce the impact of advertising for vape products in communities where many Asian Pacific Islander youth live.
Auburn School District	\$95,939	The Auburn School District will use technology to help students track their fitness and achieve their fitness goals.
Boys and Girls Club	\$140,139	The Boys and Girls Club will increase the quality of food offered in its programs across King County.
El Centro de la Raza	\$98,673	El Centro de la Raza will develop a tool kit and training to help schools and organizations protect their immigrant students and clients through "sensitive location" designation and safety planning.
FEEST	\$150,000	FEEST's youth-led project will promote healthy eating and drinking among low-income young people in south King County through workshops, social marketing and increasing the availability of culturally relevant healthy food in the Highline School District.
Interim CDA	\$100,000	Interim CDA's Wilderness Inner City Leadership Development program will support youth working to build their leadership skills, create safer and cleaner public spaces and reduce the health inequities caused by environmental racism in Seattle's Chinatown/International District.
Korean Community Services Center	\$35,000	The Korean Community Services Center will gather data with a neighborhood survey about drug use and other health behaviors among Korean and other Asian and Pacific Islander youth in north and east King County, enabling them to learn more about the health of these populations and generate shareable data.
Living Well Kent	\$123,761	Living Well Kent will advocate for access to healthy food in Kent by working with community members to sell produce for economic development and engaging communities around food advocacy.
Northshore School District	\$104,705	The Northshore School District will train teachers to use the OPEN physical education curriculum and implement it in classes.
Seattle Children's PlayGarden	\$150,000	The Seattle Children's PlayGarden will create opportunities for safe, facilitated outdoor play inclusive of children with disabilities.
Seattle Public Schools	\$100,000	Seattle Public Schools will improve equity in its approach to substance use by 1) revising the district's discipline code to reduce out-of-school suspensions for violations of the alcohol, tobacco and other drug policy; 2) implement the Project ALERT substance abuse prevention curriculum better in schools in SE, SW and central Seattle; and 3) work with members of student gender and sexuality alliances (GSA) on a social norms campaign against substance use.
SnoValley Tilth	\$24,716	SnoValley Tilth will start a children's program called Power of Produce Club, which engages children in educational activities, conversations with local farmers, farm visits and exposure to new kinds of fruits and vegetables, at the Carnation Farmers' Market.

TOTAL	\$1,849,294	
Whitewater Aquatic Management	\$35,000	Whitewater Aquatics Management will provide free swimming lessons and equipment to homeless women and their children staying at Mary's Place and Neighborhood House, including repairing shower facilities to accommodate these new members' needs.
Vashon Youth and Family Services	\$99,745	Vashon Youth and Family Services will work with childcare providers on Vashon Island to improve the safety of childcare environments, promote healthy food and physical activity and limit exposure to toxins.
UPower	\$150,000	Upower will provide trauma-informed physical activity classes, summer community gardening and functional fitness classes, and safe afterschool activity spaces for students at Interagency Academy, where there is currently no physical activity or nutrition program.
Urban Native Education Alliance	\$106,856	Urban Native Education Alliance (UNEA) will engage Native youth in their Native Warriors Athletics program which includes increased access to physical activity through traditional athletic opportunities and youth cultural identity development. UNEA youth will engage with Seattle Public Schools to help inform systems changes that will improve health outcomes for Native communities.
Somali Youth and Family Club	\$149,760	The Somali Youth and Family Club will train an intergenerational group of community leaders in South King County to gather information and advocate for policy change around safe and healthy housing.

### SCHOOL BASED HEALTH CENTERS

Awardee Name	One-time capital construction funds	Committed Award Amount	Project Description
Neighborcare Health	\$300,000	\$350,000	New school based health center at Vashon High School, Vashon Island
International Community Health Services	\$44,450	\$350,000	New school based health center at Highland Middle School, Bellevue
HealthPoint	\$300,000	\$350,000	New school based health center at Renton High School, Renton
TOTAL		\$1,694,450	

### TRAUMA-INFORMED AND RESTORATIVE PRACTICES IN THE SCHOOL ENVIRONMENT

An initial round of "mini grants" (under \$10,000 awards for one year implementation) are awarded for activities September 2017-August 2018. In early 2018, Best Starts will release a RFP for larger, multiyear awards to support more in-depth work in this area.

Applicant	Partner School	Age Served	School District
Alternative Counseling One LLC	Kent Phoenix Academy, Meeker Middle School & South Lake High School	High	Kent, Seattle
Art with Heart		Elementary	Seattle
Arthur Jacob Elementary School		Elementary	Auburn
Arts Corps	Hawthorne Elementary	Elementary	Seattle
Auburn School District - Proposal 1	Chinook Elementary School	Elementary	Auburn
Auburn School District - Proposal 2		Elementary	Auburn
Balance in Breath, LLC		High	Highline
Briana Herman-Brand (private consultant)	Highline High School	High	Highline
Byron Kibler Elementary School		Elementary	Enumclaw
Cascade Elementary School		Elementary	Renton
Cedar Heights Middle School		Middle	Kent
Childhaven		Early learning	King County
Chinook Elementary School		Elementary	Auburn
City Year Seattle/King County		Elementary	Seattle
Cleveland High School		High	Seattle
Coalition for Refugees from Burma	Kent Meridian	High	Kent
Communities In School of Renton	Dimmit Middle School	Middle	Renton
Crisis Clinic		Middle & High	King County
Dispute Resolution Center of King County	Showalter Middle School	Middle	Tukwila
Domestic Abuse Women's Network (DAWN)		High	Undecided
Emerald Park Elementary School		Elementary	Kent
Encompass Northwest		Early learning & elementary	Snoqualmie
Enumclaw School District Birth to Five Center		Early learning	Enumclaw
Evergreen High School		High	Highline
Families of Color Seattle	Beacon Hill International	Elementary	Seattle
Gildo Rey Elementary		Elementary	Auburn
Highline High School		High	Highline
Illahee Middle School, FWPS, CISFW		Middle	Federal Way
Journeymen Institute		District	Vashon
Kellogg Middle School	Shorecrest High School	Middle	Shoreline
Kent Valley Early Learning Center		Early learning	N/A
Kent Youth & Family Services		Early learning	N/A
Kent Youth & Family Services, KPA and PSESD	Kent Phoenix Academy	High	Kent
Kilo Middle School, FWPS, CISFW		Middle	Federal Way
King County Sexual Assault Resource Center		Elementary & Middle	Renton
Lakota Middle School, FWPS, CISFW		Middle	Federal Way
Lea Hill Elementary School		Elementary	Auburn
Leschi Elementary School		Elementary	Seattle
Life Enrichment Group		High	Seattle
Lowell Elementary		Elementary	Seattle
Marvista Elementary School		Elementary	Highline

Applicant	Partner School	Age Served	School District
Mattson Middle School		Middle	Kent
Meeker Middle School		Middle	Kent
Meridian Middle School		Middle	Kent
Middle College High School of Social Justice		High	Seattle
Mt. Rainier High School		High	Highline
Na'ah Illahee Fund		Middle & High	Seattle
National Center for Restorative Justice	Seattle, Highline	High	Seattle, Highline
Nelsen Middle School		Middle	Renton
Northgate Boys & Girls Club		Elementary	Seattle
Northwood Middle School		Middle	Kent
Olympic Hills Boys & Girls Club		Elementary	Seattle
Olympic Middle School		Middle	Auburn
Parent Trust for Washington Children		High	Undecided
Powerful Voices		Middle/High	Undecided
Puentes: Advocacy, Counseling, & Education	Highline High School	High	Highline
Rainier Beach High School		High	Seattle
Rainier Middle School		Middle	Auburn
Refugee Women's Alliance (ReWA)	Seattle World School	High	Seattle
Restore, Assemble, Produce (RAP)	Mill Creek Middle School	Middle	Kent
Sacajawea Middle School		Middle	Federal Way
Sacajawea Middle School, FWPS, CISFW		Middle	Federal Way
Saghalie Middle School, FWPS, CISFW		Middle	Federal Way
Scenic Hill School		Elementary	Kent
Sea Mar Community Health Centers	Sherwood Forest Elementary, Sammamish High School, Lake Hills Elementary	Elementary & High	Bellevue
Seahurst Elementary School		Elementary	Highline
Seneca Family of Agencies - Proposal 1	Emerson Elementary	Elementary	Seattle
Seneca Family of Agencies - Proposal 2	Southshore K-8	Elementary & Middle	Seattle
Seneca Family of Agencies - Proposal 3	Excel Public Charter, Rainier Prep, Summit Atlas, Summit Sierra High School, Green Dot's Rainier Valley Leadership Academy	Middle & High	Charter
Sequoyah Middle School, FWPS, CISFW		Middle	Federal Way
Snoqualmie Valley Community Network	Carnation Elementary, Opstad Elementary	Elementary	Riverview, Snoqualmie
Snoqualmie Valley School District and Sound Mental Health - Proposal 1	Two Rivers School	High	Snoqualmie
Snoqualmie Valley School District and Sound Mental Health - Proposal 2	Mount Si High School	High	Snoqualmie
Somali Health Board	Wing Luke & Van Asselt	Elementary	Seattle
Sound Discipline - Proposal 1	Dimmit Middle School	Middle	Renton
Sound Discipline - Proposal 2	Beverly Park Elementary	Elementary	Highline
Sound Mental Health, WELS & CHILL Foundation	Waskowitz Environmental Leadership & Service/Puget Sound High	High	Highline
South King County Discipline Coalition	South King County	District	South King County
South Lake High School		High	Seattle
Southwest Youth & Family Services	Seattle & Highline	High	Seattle, Highline
Street Yoga		Elementary & High	Undecided

Applicant	Partner School	Age Served	School District
Tahoma School District #409		District	Tahoma
Therapeutic Health Services	South Shore K-8	Elementary & Middle	Seattle
Totem Middle School, FWPS, CISFW		Middle	Federal Way
Treehouse			King County
United Indians of All Tribes Foundation		Early learning	South King County
Upower	Interagency Academy, Summit Sierra, Choice Academy, Big Picture High School	High	Seattle, Highline, Charter
Urban Family Center	Skyway/Creston Point	Elementary, middle, high	Renton
Urban League of Metropolitan Seattle	Cleveland High School	High	Seattle
Vashon Island School District		District	Vashon
Vine Maple Place	Southwest King County	Elementary, middle, high	Southwest King County
Washington Autism Alliance & Advocacy - Proposal 1		Elementary, middle, high	King County
Washington Elementary		Elementary	Auburn
Washington State Charter Schools Association		Middle & high	King County
Wellspring Family Services - Proposal 1		Early learning	King County
Wellspring Family Services - Proposal 2		Early learning	Undecided
West Auburn High School		High	Auburn
Youth Eastside Services	Highland Middle School	Middle	Bellevue

### SCREENING BRIEF INTERVENTION AND REFERRAL TO TREATMENT AND SERVICES

Each middle school will receive \$9,999 to participate in training and technical assistance this fall to create a SBIRT implementation plan for the 2018-19 school year. All schools that complete an implementation plan through this process will be invited to respond to a RFP for implementation of services in January/February 2018.

School District	Middle School	School District	Middle School
Seattle	Whitman	Auburn	Cascade
	Madison		Mount Baker
	Jane Addams		Olympic
Snoqualmie Valley	Chief Kanim		Rainer
	Twin Falls	Vashon	McMurray
Tahoma	Maple View	Highline	Pacific
	Summit Trail		Sylvester
Federal Way	Kilo		Cascade
	Lakota	Northshore	Canyon Park
	Sacajawea		Kenmore
	Totem		Leota
	Saghalie		Northshore
	Sequiyah		Skyview
	Illahee		Timbercrest
Kent	Cedar Heights	Lake Washington	Environmental & Adventure
	Mattson		Finn Hill
	Meeker		Renaissance
	Meridian		Evergreen
	Mill Creek		Inglewood
	Northwood		Redmond
Tukwila	Showalter		International Community
Bellevue	Chinook		Kamiakin
	Highland		Kirkland
	Odle		Northstar
	Tillicum		Emerson K-12
	Туее		Rose Hill
	International		
	Big Picture		Stella Schola
Skykomish	Skykomish		

## **PIPELINE TO SUCCESS**

Where applicable, previous King County awards through Education and Employment Resources (EER) are noted.

#### Juvenile Justice System Case Management/Outreach

Awardee Name/ Program	Previous EER Award	Committed Award Amount	Program Description
SafeFutures Youth Center	None.	\$138,000 (Feb July 2017) Estimated: \$284,280 (August - July 2018)	West Seattle nonprofit that provides culturally relevant and multi-lingual programs and services for immigrant and refugee youth and young adults of color in South King County low-income communities.
Multi-Service Center	\$159,571 (Jan June 2017)	\$359,595 (July 2017- June 2018)	Federal Way nonprofit that partners with the Federal Way Youth Action Team to provide outreach services and case management services for youth and young adults who have been caught-up (or are at-risk of being involved) in the juvenile justice system in south King County.
Southwest Youth & Family Services	\$116,429 (Nov. 2016 - April 2017)	\$165,719 (June 2017 - Dec. 2018)	West Seattle nonprofit that provides outreach and case management services for youth and young adults of color who are at-risk of involvement (or further involvement) in the juvenile justice system in Seattle and Southwest King County.
TOTAL	\$276,000	\$947,594	

(Please note that some contracts are currently being renewed, thus certain new budgets may not be reflected in the awarded amount column.)

#### **T3AMS Pilot Project**

Awardee Name/ Program	Committed Award Amount	Program Description	
Glover Empower Mentoring	\$338,000 (Feb. 2017 – Jan. 2018)	Kent/South King County nonprofit provides mentoring that addresses dropout prevention and intervention symptoms that prevent young men from doing what is right for their own and others' well-being. Services include one-on- one and group mentoring, outside referral services when needed, and weekly activities that benefit young men's daily lives.	
SafeFutures Youth Center	\$143,000 (March 2017 - Feb. 2018)	West Seattle/south King County nonprofit that provides case management services that primarily act as prevention and intervention tools for youth who are most at risk of or are currently involved with gangs and the juvenile justice system. Case management intervention and prevention services include street response and crisis intervention, pre-release visits to detained or incarcerated youth, and risk assessment, with ongoing case management.	
Horn of Africa Services	\$143,000 (March 2017 – Feb. 2018)	South Seattle nonprofit afterschool program offers tutoring and homework help, enrichment activities for improved literacy and math, parent advocacy to involve and educate families, outreach to schools, tracking of student progress and grades, ongoing support and mentorship to youth, summer program to keep kids engaged in learning, special workshops, and education events.	
Seattle Goodwill Industries	\$122,736 (May 2017 - May 2018)	All youth will be referred to complete the Goodwill Best Starts for Kids Youth Year Round Program, which is an 8-week job training program that includes goal setting, financial literacy, career exploration, resume and cover letter preparation, interviewing, succeeding on the job, and performing a job search.	
University of Washington	\$100,000 (BSK Evaluation)	analysis of the pilot project including the police/mall referral process, acader	
TOTAL	\$846,736		

# Mentoring Services for Youth/Young Adults At-risk of Involvement/Involved in the Juvenile Justice System

Awardee Name/ Program	Previous EER Award	Committed Award Amount	Program Description
Mentoring Urban Students and Teens	\$30,000 (July 2016 – Aug. 2017)	\$80,000 (July 2017 – June 2018)	South Seattle nonprofit that provides mentors the help they need to finish their higher education while the mentors provide support for the at-risk youth who grew up in similar adverse circumstances as the mentors.
Seattle Metropolitan Urban League & Project Mister	\$70,000	\$70,000	Two Seattle nonprofits that provide mentoring services and academic support for high school students of color who are at-risk or involved in the juvenile justice system.
TOTAL	\$100,000	\$150,000	

#### **Juvenile Justice Prevention and Intervention Services**

Awardee Name/ Program	Previous EER Award	Committed Award Amount	Program Description
Neighborhood House (Project SCOPE)	\$200,154	\$158,737	West Seattle nonprofit that provides case management and youth development services on Highline Community College campus through the Project Scope program for youth involved or at risk for involvement in the King County juvenile justice system. Their services are especially geared towards those who were unsuccessful in traditional public school settings.
TOTAL	\$200,154	\$158,737	

# **COMMUNITIES OF OPPORTUNITY (COO) AWARDS**

# Awards to Community Partnerships: Investments in original place-based sites (SeaTac/Tukwila, White Center, Rainier Valley)

#### COO 2017 Backbone Funds

Backbone funds support the partnership and alignment of work by community-based organizations and community leaders in each place-based site. The backbone investment have been the "glue" for mobilization of and coordination among the large number of extremely diverse partners, enabling them to develop shared goals and outcome measures, and to mobilize core constituencies to coordinate on mutually reinforcing activities through aligned strategies.

	Activity Amount	COO - Seattle Foundation Award	COO – BSK Award
Rainier Valley Backbone Funds			
HomeSight Expenses	\$105,000	\$150,000	\$165,00
Community Partner Expenses Rainier Beach Action Coalition, On Board Othello, Multi-Cultural Community Center, Sage/South Communities Organizing for Racial Equity (South CORE)	\$210,000		
SeaTac/Tukwila Backbone Funds			
Global to Local Expenses	\$233,000	\$150,000	\$123,000
Community Partner Expenses	\$40,000		
White Center Backbone Funds			
White Center CDA Expenses	\$275,000	\$150,000	\$155,000
Community Partner Expenses	\$30,000		
TOTAL BACKBONE FUNDING	\$893,000	\$450,000	\$443,000

#### Original Place-Based Site Implementation Fund Awards 2017-18

Implementation funds support the work of the three initial sites to implement the strategies they developed in the COO Results Based Accountability Framework.

COO Partner Name	Activity Summary	COO-BSK Award
Multi-cultural Community Center (MCC) - with HomeSight Fiscal Sponsor	Multi-cultural Communities Ownership Space at Southeast Opportunity Center. Co-Work Space activities focus on pre-development work that is essential for creating a Multicultural Community Center at the Othello station that serves as a vibrant cultural home, community space and shared service delivery center to be owned collectively by 10 community organizations serving immigrants, refugees and communities of color.	\$120,00
мсс	Youth Peace Activities & Community Building. Multicultural youth dialogues/convenings to promote peace and youth leadership and decrease violence.	\$65,000
On Board Othello (OBO) -with HomeSight Fiscal Sponsor	The Southeast Opportunity Center. SEOC, located adjacent to the Othello light rail station in Rainier Valley, will be an integrated, culturally- competent and welcoming community-led built environment project with housing and multiple community benefit components.	\$200,000
ОВО	Healthy Othello Safer through Environmental Design (HOSTED). Train neighbors and business owners to identify and reduce environmental causes of crime in "hotspots" located in the Othello neighborhood, increase positive perceptions of safety, physical activity and civic engagement; increase positive community-based interventions for addressing youth and others.	\$30,000
ОВО	Othello Neighborhood Farm Stand. This strategy will activate a vacant lot in the heart of the Othello Neighborhood to establish a community space for 30 plus local farmers and artists to sell their goods and host weekly nutritional and educational classes.	\$40,000

	mentation Fund Awards 2017-18 ne work of the three initial sites to implement the strategies they developed in <.	n the COO Results
Rainier Beach Action Coalition (RBAC)	Food Innovation Center (FIC) in Rainier Beach. FIC Coordinator position to further the development of a network of projects in the neighborhood that provide a home to community-owned healthy food businesses, food processing, food industry education & training opportunities and shared community space for FIC activities.	\$100,000
RBAC	Rainier Beach: A Beautiful Safe Place for Youth. Community-led and data-driven approach to addressing crime at "hotspots" and working with young people on solutions. RBAC will deepen ABSPY youth community leadership and sustainability/resilience of the program.	\$288,000
Puget Sound Sage (Sage) - South Communities Organizing for Racial/Regional Equity (South CORE)	South CORE/Sage Graham Street Planning – Community-based development planning activity that will work with community stakeholders to create a shared vision for equitable Transit-Oriented Development in the Graham Street station area.	\$237,500
Sage – South CORE	South CORE/Sage Community-based Mandatory Housing Affordability Re-zone Implementation. The rezone of Rainier Valley's Urban Villages will be an opportunity to advance more than just community-driven housing outcomes, but also economic opportunity, culturally relevant businesses, and community ownership.	\$31,000
	<b>RAINIER VALLEY COO IMPLEMENTATION FUNDS - TOTAL</b>	\$1,111,500
Partners in Employment	Community Economic Development Incubator. Partner in Employment (PIE) will enhance adult and youth economic stability connections through a Community Economic Development Incubator in the SeaTac/ Tukwila region, including neighboring cities. Focuses include Construction, Manufacturing & Aerospace Pre-Apprenticeships; IT and Coding Pre- Apprenticeships; and on-the-job trainings in fields such as hospitality and culinary arts.	\$90,000
Global to Local	Food Innovation Network (FIN) / Network Development. The FIN will convene community members and organizational partners to implement key priorities that have been identified through extensive community engagement, supporting core implementation needs of FIN.	\$330,000
Global to Local Food Innovation Network	FIN Pilot Kitchen. Recently launched a pilot kitchen incubator that is providing affordable kitchen space for food entrepreneurs, and space to establish a hands-on culinary training program for refugees and immigrants that will identify program design and needs for the future FIN Center.	\$23,000
Global to Local	Connection Deck & Health Center Planning	\$80,000
	<ol> <li>Connection Desk. Local, multilingual volunteers serve as resource referral specialists for HealthPoint patients and the broader community —in their native language—to help navigate the complex health and human services landscape.</li> </ol>	one-time award for both activities
	2. Health Center Planning. Deep community engagement will be conducted to help determine what sort of a facility will best meet the needs of the community as HealthPoint designs a new clinic to be built on the site of the new Tukwila Village.	

Based Accountability Framewo		
Global to Local	Community Health Workers (CHWs). CHWs work with Section 8 Voucher holders residing in SeaTac and Tukwila to improve health outcomes. The program reflects the community's vision by recruiting and employing CHWs from local communities who can elevate local needs, priorities, and approaches into strategies for improving health.	\$107,000
	SEATAC/TUKWILA IMPLEMENTATION FUNDS - TOTAL	\$630,000
White Center Community Development Association	Community Building. This activity is for ethnic outreach, building community leadership and connections to all of the CDA strategies and activities. Resources support the work of partner organizations to outreach to and involve community members in COO strategy area activities in a deep and meaningful way.	\$210,000
FEEST	Healthy Food Roundtable. FEEST will lead in convening a cross sector roundtable of stakeholders, such as the school district, small business owners, adult residents, and youth residents in White Center to collectively identify key strategies to increase access and affordability in healthy food for the neighborhood.	\$75,000
FEEST	Youth Dinners. Building community and youth leadership is at the core of FEEST's youth dinners. These improvised dinners expose participants to delicious healthy foods, often for the first time, and transfer knowledge, skills and appreciation for cooking.	\$50,000
Southwest Youth and Family Services (SWYFS)	Big Idea Partner Fund Development and Youth Voice Inclusion. The Community Hub or "Big Idea" will create community-owned space for nonprofit partners and the community, addressing housing, economic prosperity and healthy activity needs. Funds will support SWYFS capital campaign, shared community space planning and bringing youth voice to the development process.	\$28,000
White Center Food Bank	Community Garden and Gardening Education for Young People. Programs include a number of elements, including creating a worm bin & compost, compost classes, how to extend harvest times, how to preserve food, harvest and seed swap events and other community garden classes in partnership with the vibrant community garden community.	\$15,000
YWCA	<ol> <li>Local Hire and Invest Local White Center.</li> <li>Local Hire - The YWCA will extend its current high-quality employment services for residents of KCHA public housing to the surrounding White Center community and will refine and customize these strategies to meet the needs of a multi-cultural community.</li> <li>Invest Local - A Small Business Developer (SBD) will empower local residents to build resilient, sustainable businesses that lead to financial self-sufficiency and community building enterprises.</li> </ol>	\$160,000
	WHITE CENTER IMPLEMENTATION FUNDS - TOTAL	\$538,000
	TION FUNDING AWARDS TO THREE ORIGINAL PLACE-BASED SITES	\$2,279,500

# **APPENDIX B:**

# PRELIMINARY DATA ON PERFORMANCE MEASURES

Implementation of programs under Best Starts for Kids is phased. We have performance measurement data from the following programs at this time:

- » Early Intervention Services (EIS)
- » Restoration of Public Health funds to 2014 levels: Nurse Family Partnership (NFP), Maternity Support Services (MSS), WIC, Family Planning
- » Pipeline to Success: Theft 3 and Mall Safety (T3AMS), Outreach and Case Management
- » Youth and Family Homeless Prevention Initiative (YFHPI) (presented in the first Annual Outcomes Report).

As these programs are in the first year of the implementation with Best Starts for Kids funding, data on number of clients served by selected demographic characteristics are available. Results data, which require a longer time to be assessed and detected, are not available at this time.

# **PRENATAL - 5 STRATEGIES**

## EARLY INTERVENTION SERVICES

Program Start: November 2016

	nuch did we do? of children receiving services		
		Total	%
	Receiving Services	3,766	100%
	American Indian/Alaska Native	33	1%
N	Asian	625	17%
Race/Ethnicity	Black or African American	309	8%
/Eth	Hispanic or Latino	731	19%
ace,	Native Hawaiian/Pacific Islander	39	1%
£	White	1,691	45%
	Multiracial	336	9%
Gender	Female	1,324	35%
Ger	Male	2,442	65%
	Birth to One	616	16%
Age	One to Two	1,022	27%
	Two to Three	2,128	57%
	Auburn School District	161	4%
	Bellevue School District	60	2%
t	Enumclaw School District	45	1%
stric	Federal Way School District	251	7%
School District	Highline School District	262	7%
	Issaquah School District	118	3%
S	Kent School District	366	10%
	Lake Washington School District	63	2%
	Mercer Island School District	8	0.2%

	How much did we do? # of children receiving services			
	Northshore School District	60	2%	
-	Renton School District	173	5%	
onť	Riverview School District	65	2%	
School District Cont'd	Seattle Public Schools	888	24%	
istri	Shoreline School District	140	4%	
	Snoqualmie Valley School District	138	4%	
cho	Tahoma School District	98	3%	
0)	Tukwila School District	31	1%	
	Vashon Island School District	10	0.3%	

Data from reports generated from the WA State Department of Early Learning (DEL) Early Support for Infants and Toddlers (ESIT) data management system on 7/27/2017. Differences in totals for subcategories due to missing data.

How well did we do it? Service start within 30 days Evaluation and service plan in place within 45 days from initial contact Transition meeting at least 90 days prior to child turning 3 to determine eligibility for school services		
	%	
Service start timeliness		98%
Evaluation and service plan timeliness		94%
Transition conference timeliness		93%

Data from reports generated from the WA State Department of Early Learning (DEL) Early Support for Infants and Toddlers (ESIT) data management system on 7/27/2017.

## PUBLIC HEALTH—SEATTLE & KING COUNTY MATERNAL/CHILD HEALTH SERVICES

#### Maternal Support Services/Infant Case Management

How much did we do? # Clients served # Visits delivered		
	Clients Served 2016	Clients Served Q1 2017
Maternal Support Services/Infant Case Management	22,395	9,219
	Visits Delivered 2016	Visits Delivered 2017 (Jan-June)
Maternal Support Services/Infant Case Management	61,336	26,524

#### Women, Infants and Children supplemental nutrition program (WIC)

Program reporting dates: Federal Fiscal Year 2016 (October 1, 2015-September 30, 2016)

How much did we do? # Participating clients		
	Clients Served 2016	%
Total Clients	50,823	100%
Infants and Children Under Five Years of Age	36,072	71%
Pregnant, Breastfeeding and Postpartum Women	14,751	29%
Working Families	n/a	73%
Families Living in Poverty	n/a	63%

## Women, Infants and Children supplemental nutrition program (WIC)

How well did we do it? Referrals to medical, social, and food assistance programs provided for clients Number of client visits during which nutrition education was provided	
	Referrals
WIC Refers Families to Preventive Services	253,357
WIC Nutrition Education Promotes Healthy Choices - Nutrition Education Sessions	123,292

Is anyone better off? Financial contributions to the local economy	
	Dollar amount
Total Food Dollars Redeemed	\$19,054,427.00
Total Food Dollars for Fresh Fruits and Vegetables	\$20,462.00
Total Food Dollars for WIC Farmers Market Nutrition Program	\$110,768.00

## Family Planning Clinical Services

Program reporting dates: January 1, 2016-March 31, 2017

		Clients Served (2016)	%	Clients Served (Q1 2017)	%
	Total	6,217	100%	1999	100%
	<15	28	0%	15	1%
	15-17	774	12%	256	13%
	18-19	742	12%	245	12%
Age	20-24	1,372	22%	400	20%
Ř	25-29	1,182	19%	337	17%
	30-34	972	16%	342	17%
	35-44	979	16%	333	17%
	45+	168	3%	71	4%
	American Indian/Alaska Native	185	3%	46	2%
	Asian	632	10%	190	10%
Race	Black or African American	879	14%	251	13%
Ra	Native Hawaiian/Pacific Islander	195	3%	57	3%
	White	2,867	46%	950	48%
	Unknown/Not Reported	1,459	23%	505	25%
L.	Female	5,531	89%	1,825	91%
Gender	Male	686	11%	174	9%
N.	Hispanic	2,938	47%	1024	51%
Ethnicity	Not Hispanic	3,279	53%	975	49%
ge	Limited English Proficiency	1,681	27%	584	29%
Language	Not Limited English	4,536	73%	1,415	71%

	<b>much did we do?</b> People served				
		Clients Served (2016)	%	Clients Served (Q1 2017)	%
	100% or less	4,463	72%	1,466	73%
-	101% - 133%	814	13%	256	13%
Level	134% - 150%	257	4%	94	5%
rtyl	151% - 185%	261	4%	68	3%
Poverty	186% - 200%	61	1%	29	1%
	201% - 250%	183	3%	41	2%
	> 250%	178	3%	45	2%

#### Is anyone better off?

% Female family planning clients on contraceptive method

	% Contraceptive users - 2016	% of pts on a more effective contraceptive method - 2016	% Contraceptive users - Q1 2017	% of pts on a more effective contraceptive method - Q1 2017
Auburn	82%	85%	96%	84%
Eastgate	90%	90%	97%	91%
Federal Way	88%	86%	95%	85%
Kent	88%	88%	96%	84%
Ave Total:	87%	87%	96%	86%

#### Is anyone better off?

# Of prevented unintended pregnancies and saved health care costs

	In 2016, services provided by Public Health— Seattle & King County prevented an estimated:
Unintended pregnancies	1,380
Unplanned births	690
Abortions	470
Unplanned preterm/low-birth-weight births	90
Chlamydia infections	90
Total net savings	\$9,387,950

## **Family Planning Health Educators**

Program reporting dates: January 1, 2016-March 31, 2017

How much did we do? # People served				
Direct Education	# of Sessions (2016)	Clients Served (2016)	# of Sessions	Clients Served through 7/10/2017
School Based	100	2,688	219	6,731
Agency Based	27	270	22	210
Total	127	2,958	241	6,941
Technical Assistance & Professional Development Services	# of Sessions (2016)	Clients Served (2016)	# of Sessions	Clients Served through 7/10/2017
School Based	9	164	10	118
Agency Based	10	82	6	43
Total	19	246	16	161
Outreach Activities	# of Activities (2016)	People Reached (2016)	# of Activities	People Reached (up to 7/10/2017)
School Based	70	3,134	10	1,362
Agency Based	16	773	6	222
Total	86	3,907	16	1,584

#### **Kids Plus**

Program reporting dates: 7/1/2016-7/31/2017

How much did # Families se			
		Number	%
	Total Households Served	92	-
	Total Adults and Children	291	100%
Age	Total Adults	120	41%
	Total Children	171	59%
	<5	66	23%
	5-12	84	29%
	13-17	21	7%
Race	American Indian/Alaska Native	9	3%
	Asian	0	0%
	Black or African American	86	30%
	Native Hawaiian/Pacific Islander	13	4%
	White	101	35%
	Multiple race	64	22%
	Unknown/Not Reported	18	6%
Characteristics	Chronically homeless	77	26%
	Parenting youth under age 25 with children	9	3%

		Number	%
Physical and	Mental Health Problem	126	43%
Mental Health Conditions at	Alcohol Abuse	2	1%
Entry	Drug Abuse	3	1%
-	Both Alcohol and Drug Abuse	17	6%
	Chronic Health Condition	114	39%
	HIV/AIDS	1	0%
	Developmental Disability	66	23%
	Physical Disability	59	20%
	Individuals with 2+ Physical and Mental Health Conditions	115	40%
Homeless	Emergency shelter	63	54%
Situation at	Place not meant for human habitation	41	35%
Entry	Institutional Setting	1	1%
	Other	12	10%
	er off? early intervention services Is in permanent housing/positive destination		

n nousenoids in permanent nousing, positive destination		
	Number	%
Number of children linked to early intervention services	18	18%
Households in permanent housing/positive destination <sup>1</sup>	56	60%

Notes: 1. Among those participating in program for 90 days+

#### **Nurse Family Partnership**

Program start: 10/1/2016 - 6/30/2017

	did we do? served by Best Starts for Kids		
		Clients Served	%
	Total	46	100%
Age	15 and Under	0	2%
	15-17	4	17%
	18-19	9	30%
	20-24	18	38%
	25-29	12	7%
	30+	3	7%
Race	American Indian/Alaska Native	0	0%
	Asian	2	4%
	Black or African American	24	52%
	Native Hawaiian/Pacific Islander	0	0%
	White	13	28%
	Multiracial	5	11%
	Declined	2	4%
Ethnicity	Hispanic	9	20%
	Not Hispanic	35	76%
Language	English	0	0%
	Spanish	1	2%
	Other	1	2%

Note: All BSK-funded Columbia clients. King County total served: 882.

## **5 - 24 STRATEGIES**

### **PIPELINE TO SUCCESS**

#### Juvenile Justice System Case Management/Outreach

#### How much did we do?

# of youth engaged by outreach services

# of youth enrolled into case managment

# of youth enrolled into case managment								
		Outreach	%	Case Management	%			
	Total Services	99	100%	25	100%			
	American Indian/Alaska Native*	<5	n/a	<5	n/a			
	Asian*	8	8%	<5	n/a			
	Black or African American	28	28%	9	36%			
Race	Hispanic or Latino	47	47%	13	52%			
	Native Hawaiian/Pacific Islander*	7	7%	<5	n/a			
	White*	6	6%	<5	n/a			
	Multiracial*	<5	n/a	<5	n/a			
Gender	Female	23	23%	8	32%			
	Male	76	77%	17	68%			
Age	13-17	89	90%	20	80%			
	18-24	10	10%	5	20%			

\*These figures suppressed due to small numbers.

12 additional youth were pending enrollment in case management services at the end of the Q2 reporting period (June 30, 2017).

#### **T3AMS Pilot Project**

	youth that complete Goodwill Youth on Track program*		
		Total	%
ess	Referred	18	100
Process	Enrolled	15	83
	American Indian/Alaska Native*	<5	
	Asian*	<5	
Race/Ethnicity	Black or African American	7	39
/Ethi	Hispanic or Latino*	<5	
ace/	Native Hawaiian/Pacific Islander*	<5	
œ	White*	<5	
	Multiracial*	<5	
	Age 13*	<5	
	Age 14	7	39
Age	Age 15*	<5	
	Age 16*	<5	
	Age 17*	<5	
	Burien*	<5	
	Des Moines*	<5	
	Kent*	<5	
City	Maple Valley*	<5	
	Renton*	<5	
	Seattle	8	44
	Tukwila*	<5	

\*These figures suppressed due to small numbers.

Majority of youth referred/enrolled are female. Gender suppressed due to small numbers.

How well did we do it? Engagement and retention in services*						
	Total	%				
Engaged Q2 2017	13	87%				

\*Percent of enrolled youth that are engaging with their case manager and making progress towards their individual serivce plan.